

Sponsored by FALGBTIC

December 10th, 2021 10:30 - 12:00 pm



Therapy with LGBTQ+ Survivors of Sexual Violence: A Holistic and Empowerment Based Approach

Learning Objectives:

Look at the unique challenges that LGBTQ+ survivors of sexual assault face on their healing journey. Explore why holistic and empowerment based approaches are more effective when working with survivors.

Program Description:

In this presentation we will explore what it is like for LGBTQ+ survivors of sexual violence to begin and continue on their healing journey. We will do this by looking at various approaches to therapy including why a focus on themes of vulnerability and empowerment are more effective than diagnostic focused approaches. Examples of survivorship from LGBTQ+ survivors will be included as we look at the importance of creating open spaces in the therapeutic setting.

Register Here:

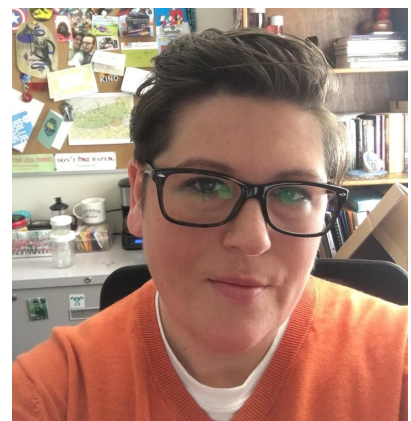
<https://fca23.wildapricot.org/event-4575545>

FREE for FCA Members & Students

\$5 for 1.5 CE Credits

\$10 for Non-Members (CEs included)

Jennifer Heard earned her Master in Education, and Education Specialist degrees in Marriage and Family Therapy from the University of Florida in 2007 and has been a Licensed Mental Health Counselor since 2010. For the past nine and a half years Jennifer has served as the Program Therapist for Alachua County Victim Services & Rape Crisis Center. Jennifer's areas of interest include creating LGBTQ+ inclusive spaces and services, empowerment based therapies, trauma response and how the body holds trauma, and vulnerability as a guidepost for healing. She sits on multiple statewide policy advisory groups for the Florida Counsel Against Sexual Violence and was selected by the National Sexual Violence Resource Center as the State of Florida 2019 Visionary Voice Award recipient.



Continuing Education (CE) Approval of 1.5 hours: *The Florida Board of Clinical Social Work, Marriage and Family and Mental Health Counseling has approved this course under continuing education provider BAP#50-15249 & National Board of Certified Counselors Provider #2010 materials prepared for FCA, 2750 Taylor Avenue, A36, Orlando, FL 32806.*

