

FALGBTIC Presents. . . .

April 1, 2022

12 — 2 p.m. EST

Schema Therapy: Introduction to the Model

Webinar Agenda:

1. Main concepts in Schema Therapy
2. Distinctive feature of the approach
3. Introduction to the methods and techniques
4. Demonstration of chair work
5. Imagery rescripting
6. Summary/Questions

Learning Objectives:

- Understand the main concepts of schema theory
- Why Schema Theory? A distinctive feature of the approach
- Understand main methods and techniques in Schema Theory

Maria Grishkina, MS, MD, Ph.D., Certified Advanced Schema Therapist (ISST). Psychiatrist, a psychotherapist with vast experience working with psychiatric disorders in inpatient and outpatient settings. Founder of the Schema Therapy Space project, providing online workshops, supervisions, and other events on Schema Therapy worldwide. Author and co-author of over 30 peer-reviewed articles and chapters in books. Working in private practice and facilitating training and schema therapy groups for therapists. Specialized working with personality disorders, chronic Axis I disorders, and trauma.



Registration Fees:

- Free for FCA Members (NO CEs included)
- \$5 for FCA Members Seeking CEs
- \$10 for Non-members (CEs included if requested)

Register Here:

<https://fca23.wildapricot.org/event-4701869>



Continuing Education (CE) Approval for a total of 2.0 CE hours. The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling has approved this course under continuing education provider BAP#5015249 & National Board of Certified Counselors Provider #2010 materials prepared for FCA, 2750 Taylor Avenue, A36, Orlando, FL 32806.

