

FALGBTIC PRESENTS:

Eating Disorders and the LGBTQ+ Community: Moving Towards an Intersectional, Inclusive, and Socially Just Treatment Approach

Friday, March 11, 2022
12:00 p.m. until 1:00 p.m. EST

Research has shown that LGBTQ+ individuals experience eating disorders (EDs) at alarming rates. However, samples in ED studies have historically and predominantly consisted of white, cisgender women in clinical settings, posing concerns regarding the state of culturally informed treatment. Treatment frameworks that center multicultural issues are needed to conceptualize EDs in underrepresented groups, including the LGBTQ+ community. This presentation will challenge common misconceptions and myths of EDs and explore the application of social justice theories to enhance treatment and advocate for systemic change within the ED field.

Learning Objectives:

- Attendees will learn about current research on eating disorders (EDs) and body image concerns in the LGBTQ+ community and challenge common misconceptions of EDs that maintain disparities in diagnosis, assessment, and treatment.
- Attendees will understand risk and protective factors to consider when working with LGBTQ+ clients with eating and/or body image concerns.
- Attendees will engage in reflective dialogue and apply multicultural and social justice theories into practice to promote more inclusive treatment.

The webinar will be presented by **Adriana Labarta**. Adriana Labarta (she/her) is a licensed mental health counselor in Florida and doctoral candidate at Florida Atlantic University's Counselor Education program. She earned her Master of Education in Counselor Education and Education Specialist in Mental Health Counseling degrees from the University of Florida. Adriana has experience treating diverse clients with various mental health concerns in residential, partial hospitalization, intensive outpatient, and university counseling center settings. Her primary clinical and research interests include eating disorders, body image concerns, and multicultural/social justice issues in counseling. Currently, Adriana is in the process of completing her dissertation research, which focuses on the development and validation of a multidimensional eating and body image screening tool for LGBTQEIQAP+ clients. She is particularly passionate about addressing disparities impacting marginalized groups and promoting equity in research and higher education.



REGISTRATION FEES: FREE for FCA Members & Students (\$5 for 1 CE Credit)
\$10 for Non-Members (CEs included)

TO REGISTER: Visit <https://fca23.wildapricot.org/event-4641763>



Continuing Education (CE) Approval of 1.0 hours: The Florida Board of Clinical Social Work, Marriage and Family and Mental Health Counseling has approved this course under continuing education provider BAP#50-15249 and National Board of Certified Counselors Provider #2010 materials prepared for FCA, 2750 Taylor Avenue, A36, Orlando, FL 32806.

